Starters

Sylhety Lounge Special Platter (per persor	n)£7.95
Masala fish, seekh kebab, lamb chops, onion bhaji &	chicken tikka
Sizzling Mix (per person)	£6.95
Chicken pakora, mushroom pakora, onion bhaji, se	ekh kebab & chicken
tikka	
Chicken Pakora	
Lamb Chops	£5.50
King Prawn Tandoori	£7.95
Masala Fish	
Prawn Puree	£5.95
Chicken Chaat Puree	£5.50
Samosa (med/veg)	£3.50
King Prawn on Puree	£7.95
Mixed Kebab	
Onion Bhaji	£3.50
Garlic Mushroom	£3.50
Chicken Tikka	£4.50
Seekh Kebab	£3.95
Tandoori Chicken	
Mushroom Pakora	

Tandoori Dishes

Tandoori Fish£11.95

Chicken Shashlick£11.95
Marinated chunks of breast cooked in a clay oven with onions, peppers &
tomatoes
Tandoori Mixed Grill£15.95
Chicken, lamb, king prawns and seekh kebab cooked over charcoal
Chicken Tikka£11.95
Chicken tikka marinated and cooked in a clay oven
Tandoori King Prawns£14.95
Marinated king prawns cooked over charcoal
King Prawn Shashlick£15.95
Marinated king prawns cooked in a clay oven with onions, peppers &
tomatoes

Balti Dishes

King Prawn Balti£15.95
Cooked in a medium spiced sauce with tomatoes, onions & peppers
Pathan Balti£11.95
Lamb cooked with fresh spinach leaves, ginger and peppers
Sylhety Special Tandoori Balti £11.95 Lamb, chicken and mincemeat cooked in a clay oven and re-cooked in a balti style
Sylhety Special Balti Chicken, prawn & meat£12.95
Garlic Tikka Balti£10.95
Chicken, lamb, prawns & chicken tikka
Garlic Chilli Baltichicken £10.95 lamb £11.95
Lamb or chicken, green chillies & garlic
Shensha Baltichicken £10.95 lamb £11.95
Chicken or lamb, fresh tomatoes, slightly spiced with a touch of cream (medium to mild)
Balti Masalachicken £10.95 lamb £11.95
Chicken tikka cooked with balti spices in a masala sauce (medium to mild)
Chicken Balti£9.95
Lamb Balti£11.95
Prawn Balti£11.95

Chicken Tikka Balti£10.95 Chicken Tikka Saag Keema Chilli Balti£11.95

Paneer Garlic Chilli Balti.....£9.95

Staff special (fairly hot)

Delicate & Mild Dishes

The ord most popular districtoried with our own special tandoon sauce,
almond powder, coconut powder, sultanas & fresh cream (very mild)
Passandachicken £10.95 lamb £11.95
Delicately cooked with almonds, fresh cream & yoghurt
Shalimar Karahi£10.95
Our own creation. Slightly spiced to taste the flavour of the curry with fresh
peppers, garlic, ginger, touch of cream & plenty of love
Chicken Tikka Bhari£10.95
Cooked in a mild & medium sauce with fresh cream & lightly spiced
Posh Spice£10.95
An amazing mixture of chicken with fresh cream, sugar, egg, mango pulp
and coconut give a sumptuous richness to this lightly spiced curry. Sprinkled
over with coriander
Chicken La Jawab£10.95
Almond and coconut give a richness to this slightly spiced curry of lean
chicken and a touch of sugar, herbs and spices
Gulstani Tikka Special£10.95
Chicken breast cooked with creamed coconut and drizzled in honey
Chicken Delight£10.95
Grilled pieces of chicken cooked with ground coconut, ground almonds,
cream and mango pulp. (Very mild)
Hawaiianchicken £10.95 lamb £11.95
Object of the second of the se

Can be cooked with chicken breast, boneless lamb or fresh mixed vegetables. A special dish cooked with absolutely no oil or fat, just water and its own stock. With garlic, spices, onions and herbs. This is a must for all health conscious diners!

Mackhani chicken £10.95 lamb £11.95
Chicken or lamb cooked in butter, cheese. Rich creamy & cheesy
Paneer Mackhani£9.95

Paneer Korma£9.95

Paneer tikka (Indian cheese) cooked with almond powder, coconut powder & fresh cream. (Very mild)

Paneer Tikka Masala £9.95
Paneer tikka (Indian cheese) cooked with almond powder, coconut powder & fresh cream. (Very mild)
Paneer Goan £9.95

Paneer cooked with red chilli, spring onions, garlic, ginger & cardamom simmered with coconut milk & garnished with fresh coriander

Paneer Multani £9.95
Paneer comprising of a lightly spiced sauce a variety of herbs and spices, tomatoes, garden mint and plain yoghurt

Asian Style Dishes

Chicken Masala Desi	£9.95
Lamb Masala Desi	£11.95
Saag Gosht	£11.95
Saag Chicken	
Keema Aloo	£9.95
Paneer Aloo	£9.95
Paneer Bhuna	£9.95
Naga Paneer	£9.95

Famous Curry Dishes

Madras, Korma, Bhuna, Rogan Josh, Dhansak, Jalfrezi, Dopiaza, Pathia, Vindaloo

Chicken	£9.95
Lamb	£11.95
Prawn	£11.95
King Prawn	£15.95
Vegetable	£8.95
Chicken Tikka	
Lamb Tikka	

Sylhety Special Fusions

Sylhety Lounge Special	£15.9
King prawn, chicken and lamb cooked in a clay oven then cooked in chef's special sauce and served with keema rice	
Boss Special	£14.9
Desi style chicken marinated in a boss special fusion sauce. Made with extra love and care from the boss. Served with lemon rice (media	um hot)
Naga Shatkani	£11.9
Chicken or lamb cooked bhuna style with shatkara (Indian tangy lemon) and naga pickle. (Very hot)	
King Prawn Sharabee	£15.9
Our chef's latest creation! Delicious king prawn cooked in coconut milk, cream and Malibu, flavoured with ginger, garl mustard seeds (medium)	lic, green chilli, curry leaves a
Pride of Yorkshire	£14.
Chicken and lamb with rhubarb cooked in chef's special sauce. Served with onion rice	
Naga Chilli Chicken	£11.
Chicken cooked in chef's special sauce. Spring onions, garlic in combination with the finest spices cooked with a chilli phot naga chilli imported from Bangladesh	
King Prawn Hashnaji	£15.
The astonishing dish is similar to what you would eat at an Asian family's home as a guest. Cooked with fresh green cl coloured peppers, spring onions, garlic, ginger and spinach. Served with cheese nan	
Andari Raat (after dark)	£10.
Indian curry has no boundary as you will experience with the mild taste of Balti. Experience the two tastes in one dish (r	
Jalpuri	£14.
Diced pieces of tender chicken breast cooked with fresh capsicum, garlic, special herbs and spices. Served with mush	
Merghi Masala	£11.
Desi styled chicken off the bone marinated in minced lamb and special fusion sauce. Made with extra love and care fro	

Medium to Spicy Dishes

Special Karahi£14.95
Mixture of lamb, chicken, prawns, peas and channa dall cooked in a very rich sauce, neatly spiced with many different flavours
Nawabi Khanachicken £10.95 lamb £11.95
Chicken or lamb. The most complex of all great curries: 21 ingredients each roasted individually before being grinded to help bring a deep rich brown colour to this mouth watering dish
Murgh Rajasthani£10.95
Selected Kashmiri herbs and spices with fresh tomatoes, peppers, lemon, spring onions, garlic, ginger, green chilli and eggs. The result is an astonishing blend of flavours. It's dry, spicy and gorgeous!
Bangali Stylechicken £10.95 lamb £11.95
Classic Bengali dish of chicken or lamb which considering the expense and effort involved is normally made for royalty. Cooked very gently in a rich
sauce with chopped spring onions and topped with cucumber and tomatoes
Multani
Chicken or lamb comprising of a lightly spiced sauce a variety of fresh herbs & spices, tomatoes, garden mint, plain yoghurt
Tikka Rogan Joshchicken £10.95 lamb £11.95
A chicken or lamb tikka of Kashmir, undoubtedly the prince amongst curries
Garlic Chilli Flavour£10.95
Best of chicken cooked in a clay oven and highly flavoured with fresh garlic, green chilli, peppers and tomatoes

Medium and amazing mixture of tender lamb curried with chicken breast, spinach and tomatoes. Spiced with garlic & ginger.

Sylhety Lounge Special Jalfrezi

Diced chicken cooked with fresh lemon juice, onions and fresh green chillies

Diced chicken cooked with fresh lemon juice, onlons and fresh green chillies

Chicken or lamb a famous Persian dish lavishly flavoured with fresh garlic and spring onions, ginger, green chillies, tomatoes, lemon and chana dall

Chicken or lamb cooked with red chilli, spring onions, garlic, ginger and cardamom simmered with coconut milk and garnished with fresh coriander

Food Allergens & Tolerances

There may be traces of nuts in our products so please discuss intolerances with a member of staff prior to placing your order.

We cannot quarantee any item as nut free.



Traditional Home Style Specialities

Biswanath Flavour
Haandichicken £10.95 lamb £11.95
Chicken or lamb. A relatively sophisticated dish developed by the Mongol
Emperors, The once all powerful Shah of Asia said that eating with a knife
and folk was like making love through an interpreter. A traditional dish with
spicy sauce to give a unique flavour. Young meat us used so it is easy to
break with your fingers.
Mirchi Kormachicken £10.95 lamb £11.95
Chicken or lamb. Spicy
Mogline Tastechicken £10.95 lamb £11.95
Marinated in aphrodisiac, this dish cooked with lots of herbs & spices to a
fairly strong strength being cooked with fresh green chillies - might have
after effects. Very hot
Chutneychicken £10.95 lamb £11.95
Chicken or lamb. A speciality dish made with tomatoes, garlic, spring onions
and garnished with fresh coriander and covered in mint sauce (medium)

spring onions, red onions, garlic, ginger paste and black pepper. Sprinkled with fresh coriander, it might sound a lot hotter than it actually is Chicken Tikka Masala Desi.....£10.95

Lemon Chilli Chicken.....£10.95

Marinated chicken cooked in a delightful spicy sauce with fresh lemon,

Marinated chicken in special Asian style sauce (medium spicy) Gingerchicken £10.95 lamb £11.95 Chicken or lamb. Highly flavoured with fresh ginger and lots of fresh herbs

and spices (medium) Biryani (Variety)chicken £10.95 lamb £11.95 Chicken, lamb, veg or prawn. Specially cooked basmati rice with herbs

and spices, garnished with tomatoes, cucumber and red onions Special Biryani£12.95 Chicken, lamb and prawn. Specially cooked basmati rice with herbs and

spices, garnished with tomatoes, cucumber and red onions

Sylhety Taste.....£10.95 Unique Sylhety; a must at almost any function or celebration. Made with fresh green chillies, cloves, cumin seeds, black pepper and chicken sprinkled

Seafood Dishes

Sylhety Special Seafood Karahi	£15.95
Seafood cooked in a very rich sauce with a variety of flavours (me	
Garlic Chilli King Prawn	
Highly flavoured with fresh garlic, green chillies, peppers & toma	atoes (hot)
King Prawn Delight	£15.95
Our chefs creation to suit the weaker palate. Cooked in a mild s	
lots of flavour	
King Prawn Agni	£15.95
Cooked in our chefs own special thick sauce with garlic, ginger	r, peppers,
tomatoes and finely chopped spring onions (medium)	
King Prawn Haandi	£15.95
A traditional dish cooked with spring onions, red onions, peppers	and chef's
own spices giving s medium to hot taste	
Karahi Fish	£15.95
Cooked with traditional herbs and spices with fresh green chillies,	, coriander,
pomegranate and spring onions	
Nawabi King Prawn	£15.95
The most complex of all great curries; 21 ingredients each roasted i	individually
before being grinded to help bring deep rich brown colour to t	this mouth

King Prawn Jalfrezi.....

Cooked with naga, onions and fresh green chillies

Cooked with fresh lemon juice, onions and fresh green chillies

Naga King Prawn£15.95

Vegetable Dishes

Sulbatu Special Vagetable Karabi	CO 0E
Sylhety Special Vegetable Karahi	
Tropical vegetables cooked with fresh herbs and spices to create a	mouth
watering dish	00.05
Vegetable Haandi	
Chick peas, mushrooms, cauliflower and aubergine cooked Asian s	•
Shahi Vegetable Masala	£8.95
Potato, chick peas and aubergine cooked in tandoori sauce with	almond
and coconut. Mild and creamy	
Jeera Aloo	£8.95
Potatoes stir fried with cumin and tossed in fresh coriander	
Special Vegetable Bhuna	£8.95
Mushroom, aubergine, cauliflower and chick peas cooked in a n	
spiced sauce	
Vegetable Delight	£8.95
Our chef's own creation to suit the weaker palate	20.00
Special Veg Rogan Josh	CR 05
	10.90
Our chef's choice of vegetables garnished with fresh tomatoes	00.05
Saag Paneer	£8.93
Spinach cooked with Indian cheese	
Special Vegetable Balti	£8.95
Our chef's choice of vegetables garnished with fresh tomatoes	

A Bit on The Side

Vegetable Bhaji	£3.95
Tarka Dall	£3.95
Sag Aloo	£3.95
Bombay Aloo	£3.95
Cauliflower	£3.95
Mushroom Bhaji	£3.95
Sag Bhaji	£3.95
Sag Paneer	£3.95
Channa Masala	£3.95
Chilli Paneer	£3.95
Curry Sauce (any)	£3.25

Sundries

Steamed Rice	£3.25
Pilau Rice	£3.25
Mushroom Rice	£3.50
Garlic Pilau	£3.50
Garlic Coriander Pilau	£3.50
Egg Pilau	£3.50
Keem Rice	
Special Rice	£3.50
Chapati	£1.50
Tandoori Roti	
Popadom	£1.00
Plain Nan	£3.50
Garlic Nan	£3.60
Keema Nan	
Peshwari Nan	£3.60
Garlic & Cheese Nan	
Garlic Coriander Nan	
Cheese Nan	£3.60
French Fries	
Pickle Tray	

ease not that some of our dishes contain nuts (including peanuts) and nut oils. Due to these dishes being cooked in the same kitchen we are unable to guarantee that some cross contamination has not occurred. For this reason we are unable to prepare any food which is 100% nut (including peanuts) free. Sylhety Lounge will not accept any responsibility for persons who ignore this warning and subsequently experiences issues resulting from food allergies

Please take care, all meat, poultry, fish & boneless options, may contain bones The management reserves the right to refuse service to anyone

OUR PARTIES, BIRTHDAY AND ANY OTHER OCCA

10% OFF STUDENT DISCOUNT COLLECTION ONLY



FULLY LICENSED

Indian Restaurant & Takeaway Fully Licensed



TEL: 01904 422 233

Unit 8, Kimberlow Hill Retail Park, Kimberlow Rise, York, YO10 5LA

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